

# KIDS RCM EVENT

**K**ids can be part of the Rocket City Marathon excitement by participating in the Rocket City Kids Marathon. It is a non-competitive event for children in **grades K - 8!** Students can become marathon finishers on race day by completing a cumulative marathon training program in the weeks leading up to the race.

The Rocket City Kids Marathon is a 10 -12 week running program that encourages kids to complete a full marathon (26.2 miles) by running approximately 2 miles per week. The final mile is completed in grand fashion as each child finishes their marathon distance in front of cheering fans, friends, and family at the Official Finish Line of the Rocket City Marathon.

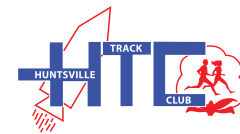
**The goal of the Rocket City Kids Marathon,** is to **Inspire** and **Encourage** children to be active on a regular basis through running and physical activity.

**Y**ou must train for the last mile by running a total of 25.2 miles in 1/4 mile, 1/2 mile, 3/4 mile or mile increments between September and the end of December 8 to qualify for race day participation. **K - 8th Grade children only.**



# KIDS ROCKET CITY MARATHON

## SATURDAY DEC 9 - 8AM



**FLEET FEET**  
*Sports*



**BENEFITTING: Health Establishments at Local Schools (HEALS)**

# KIDS RCM DETAILS

## ROCKET CITY KIDS MARATHON

Saturday, December 19, 2017 - 8am

### START LOCATION:

In front of the Von Braun Center

### FINISH LOCATION:

Official Rocket City Marathon Finish Line  
inside the VBC.

### ONLINE REGISTRATION:

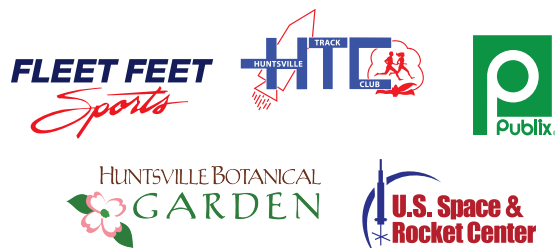
WWW.RUNROCKETCITY.COM  
select Kids Marathon to register

### ENTRY FEE ASSISTANCE:

We encourage every child to register for the  
Rocket City Kids Marathon. For financial  
assistance contact:

[cindywheeler63@bellsouth.net](mailto:cindywheeler63@bellsouth.net)

- All participants receive a T-shirt, medal and snacks at the finish line.
- All entries must be postmarked no later than November 12, 2017.
- Final Instructions will be sent by email one week prior to the event and posted on the Kids Marathon page on the Rocket City Marathon website.



### WAIVER & RELEASE:

I certify that I have entered my child in the Rocket City Kids Marathon with full knowledge that being physically fit and sufficiently trained is necessary to prevent any injury to my child. I, individually, (and/or as parent, and/or guardian of the named minor) for and in consideration of acceptance of this entry in the aforementioned event, do hereby release, remise, waive, and forever discharge the Road Runners Club of America, Huntsville Track Club and any and all other supporting groups of this said racing event, together with all their officers, agents, officials and employees, from any and all liability, claims, demands, actions, or causes of action whatsoever arising out of, or relating to any injury, illness, loss, or damage, including death, relating to participation in the aforesaid event. I further state I am in proper physical condition to participate in this event. In addition, I agree that my participation in this event requires that I will not participate with roller blades, baby joggers, skateboards, animals, headphones, or anything which the race director deems dangerous to myself or other participants and that the race director may remove me from this event for a violation of said policy. I further grant permission to this race and the organization conducting the race and/or agents authorized by them to use any photographs, videotapes, motion picture, recordings and any other record of this event for any purpose. I also agree that all entry fees are non-refundable and that this entry is non-transferable.

**PLEASE PRINT CLEARLY AND FILL OUT COMPLETELY  
INCOMPLETE FORMS WILL NOT BE ACCEPTED**

NAME: \_\_\_\_\_

GENDER: M or F \_\_\_\_\_ AGE: \_\_\_\_\_  
(MUST BE 5 YEARS OLD ON RACE DAY)

DATE of BIRTH: \_\_\_\_/\_\_\_\_/\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

EMAIL ADDRESS: \_\_\_\_\_

PHONE: \_\_\_\_\_

T-SHIRT SIZE: YOUTH S YOUTH M YOUTH L  
(PLEASE CIRCLE ONE) ADULT S ADULT M ADULT L

SCHOOL: \_\_\_\_\_ GRADE: \_\_\_\_\_  
(MUST BE K-8TH GRADE)

HOMEROOM TEACHER: \_\_\_\_\_

PARTICIPATING CHILD'S NAME: \_\_\_\_\_

DATE: \_\_\_\_\_

SIGNATURE OF PARENT OR GUARDIAN: \_\_\_\_\_

**ENTRY FEE \$15**  
(Make check out to RCM KIDS)

SPONSOR \_\_\_\_\_ CHILD/REN @ \$15 EACH \_\_\_\_\_

DONATION TO HEALS, INC. \_\_\_\_\_

DONATION TO ONE OF THE OFFICIAL  
CHARITIES OF THE 2017 RCM \_\_\_\_\_

MAIL COMPLETED ENTRY FORM AND CHECK TO:

**ATTN: RCM KIDS  
FLEET FEET SPORTS  
2722 CARL T. JONES DRIVE SUITE 2B  
HUNTSVILLE, AL 35802**

**ALL ENTRIES ARE NON-REFUNDABLE**

AMOUNT RECEIVED \$ \_\_\_\_\_

CHECK/ MO \_\_\_\_\_

# OF ENTRIES \_\_\_\_\_